

Health Service Providers (In an emergency call 911)

Broadlawns Medical Center	282-2200	1801 Hickman Road, Des Moines	www.broadlawns.org
The Iowa Clinic	875-9000	Various Locations	www.iowaclinic.com
La Clinica de la Esperanza (Hours vary, ask about financial assistance application)	244-6162	3200 Grand Avenue, 6 th Floor, Des Moines	
Mercy One More than 50 primary care, pediatric, internal medicine and specialty clinics provide personalized care in Central Iowa	247-3121	Various Locations	https://www.mercyone.org/desmoines/
Planned Parenthood of the Heartland (Hours vary, <i>free birth control available</i>)	877-811-7526	Various locations, call for appointment	https://www.midiowahealth.org/organizations/planned-parenthood-of-the-heartland
Polk County Health Department (Many free/low cost services)	286-3798	1907 Carpenter Avenue, Des Moines	https://www.polkcountyiowa.gov/health-department/
Primary Health Care (Hours vary, call for appointment)	248-1500	Various locations	https://phciowa.org/
UnityPoint Health	241-6212	Various locations	www.unitypoint.org

Health - FREE Medical Clinics (Walk In Only)

Christ the King Clinic (Enter South Door) Mondays 7-9pm, Adults Wednesdays 7-9pm, Children 18 and under	285-2888	5711 SW 9 th Street, Des Moines	https://christthekingparish.org/free-clinic
Clive Community Services 1 st and 3 rd Monday/Month, 5:30 – 7:30pm	257-8550	2910 NW 82 nd Street, Suite A, Clive	https://clivecommunityservices.com/
Corinthian Family Health Free Clinic Saturdays 9-Noon	243-4073	814 School Street, Des Moines	
Creative Visions Thursdays 10-3	244-4003	1343 13 th Street, Des Moines	https://cvonline.us/
Grace United Methodist Church Tuesdays 5:30 – 7:30pm, Free meal provided	255-2131	3700 Cottage Grove Avenue, Des Moines	https://gracedesmoines.org/
Islamic Center of Des Moines 1 st and 3 rd Saturday/Month, 9-11am	255-0212	6201 Franklin Avenue, Des Moines	https://www.islamiccenterdm.com/

Margaret Cramer Clinic-DSM First Church Thursdays 5:30 – 7:00pm	279-9766	2725 Merle Hay Road, Des Moines	
Mae E. Davis Clinic – Eddie Davis Community Center Tuesdays 7-9pm	277-1103	1312 Maple Street, West Des Moines	
Norwalk Free Medical Clinic 6-8PM on the 1st and 3rd Thursdays of the month - Registration begins at 5:45 No appointment necessary		2601 Border St. Norwalk, IA - Crossroads church	
Dr. Nick Palmer/Jim Ellefson Clinic Tuesdays 1:30 – 4:00pm Thursdays 5:30 – 8:00pm	266-7622	1607 E. 33 rd Street, Des Moines	
St. Luke's Clinic – Polk City United Methodist Church 1 st and 3 rd Wednesday/Month 6-8pm	984-6274	1421 W. Broadway Street, Polk City	
Waukee Area Christian Services Mondays 5:30 – 7:00pm	987-5523	Westview Church (Lower Level) 1155 SE Boone Drive, Waukee	https://waukeechristianservices.org/

Health - Counseling and Mental Health Services

Call EveryStep at 558-9946 or 211 to help find a provider.

If you have a mental health emergency, please call 911.

Suicide prevention: 800-273-TALK (8255)

Substance Abuse and Mental Health Services Administration 1-800-662-4357
Free, Confidential, 24/7, English and Spanish

Health - Dental Providers (All listed below accept Medicaid)

A-1 Iowa Dental, PLLC.	Urbandale: 270-5385 Ankeny: 964-5602	6901 Hickman Road, Suite 2, Urbandale 210 S. Ankeny Boulevard, Ankeny	https://www.myfamilydentalcare.com/locations/details/42-Urbandale
Broadlawns Dental Clinic	282-2421	1761 Hickman Road, Des Moines	https://www.broadlawns.org/clinics-and-services/dental
Dental Connections	244-9136	1111 9 th Street, Suite 190, Des Moines	https://dentalconnections.org/
Des Moines Children's Dentistry (Only accepts new Medicaid patients under 12)	225-1677	5950 Village View Dr, Suite 200, West Des Moines	https://www.dsmpd.com/
East Des Moines Family Dentistry	265-0339	2707 Easton Boulevard, Des Moines	https://www.facebook.com/p/East-Des-Moines-Dental-100070529403113/
Hilltop Dental	265-0311	2580 Hubbell Avenue, Des Moines	https://hilltopdentaldesmoines.com/
Hintz Family Dentistry	Ankeny: 965-1653 Des Moines: 262-2655	319 N. Ankeny Boulevard, Ankeny 615 East 14 th Street, Des Moines	https://www.hintzfamilydentistry.com/
Iowa Dental Clinic, PC	277-1199	5601 Hickman Road, Suite 5	https://iowadentalclinicpc.com/

Park Avenue Family Dental (Only accepts new Medicaid patients under 18)	244-7428	1004 E. Park Avenue, Des Moines	
Primary Health Care	Des Moines: 248-1470 University: 248-1888	2353 SE 14 th Street, Des Moines 1200 University Avenue, Suite 100	https://phciowa.org/dental/
Southside Dental Clinic	285-4759	5921 SE 14 th Street, Suite 1500, Des Moines	https://southsidedentalclinic.com/
Westgate Dental	223-5001	1000 73 rd Street, Suite 1, Windsor Heights	https://www.westgatedentalia.com/
Westown Pediatric Dentistry	267-0737	4090 Westown Parkway, Suite B1, West Des Moines	https://www.facebook.com/allsmilespediatricdentistryiowa/

Health Insurance Assistance (Hawk-I and Medicaid)

<p>To apply visit www.dhs.iowa.gov/how-to-apply</p> <p>Everystep also offers additional assistance, call 288-1516 for their navigator program https://www.everystep.org/</p>		
Iowa Medicaid Enterprise Member Services	256-4606	www.dhs.iowa.gov/ime/members
Hawk-i	800-257-8563	www.dhs.iowa.gov/hawk-i
Managed Care Organizations (MCO's) Amerigroup Iowa, Inc.	800-600-4441	https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-health-link/mco
UnitedHealthcare Plan of the River Valley, Inc.	800-464-9484	https://www.opm.gov/healthcare-insurance/health-care/plan-information/plan-codes/2018/brochures/73-661.pdf