

Food Assistance Programs

Food Assistance Iowa Department of Human Services	725-2600	2309 /Euclid Avenue, Des Moines	Complete online app at www.oasis.iowa.gov or download at www.dhs.iowa.gov/how-to-apply and return to Polk County River Place
Share IOWA	1-800-344-1107	536 E Broadway Council Bluffs, IA 51503	www.shareiowa.com
WIC (Women, Infants, and Children, for women who are pregnant or with children up to 5 years old)	1-800-532-1579	2300 Euclid Avenue, Suite D, Des Moines	https://happyhealthyiawic.org/